

Eur. Phys. J. A 44, 55–61 (2010)

DOI: 10.1140/epja/i2010-10932-0

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Regular Article – Experimental Physics

A high-pressure polarized ³He gas target for nuclear-physics experiments using a polarized photon beam

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Received: 15 September 2009 / Revised: 31 December 2009

Published online: 26 February 2010 – © Società Italiana di Fisica / Springer-Verlag 2010 Communicated by Z.-E. Meziani

Abstract. Following the first experiment on three-body photodisintegration of polarized ³He utilizing circularly polarized photons from High-Intensity Gamma Source (HI γ S) at Duke Free Electron Laser Laboratory (DFELL), a new high-pressure polarized ³He target cell made of pyrex glass coated with a thin layer of sol-gel doped with aluminum nitrate nonahydrate has been built in order to reduce the photon beaminduced background. The target is based on the technique of spin exchange optical pumping of hybrid rubidium and potassium and the highest polarization achieved is ~ 62% determined from both NMR-AFP and EPR polarimetries. The phenomenological parameter that reflects the additional unknown spin relaxation processes, X, is estimated to be ~ 0.10 and the performance of the target is in good agreement with theoretical predictions. We also present beam test results from this new target cell and the comparison with the GE180 ³He target cell used previously at HI γ S. This is the first time that the sol-gel coating technique has been used in a polarized ³He target for nuclear-physics experiments.

1 Introduction

Quantum chromodynamics (QCD) is the theory of strong interaction in terms of quark and gluon degrees of freedom. While QCD has been well tested in the high-energy regime where perturbative calculations can be carried out, it is still unsolved in the low-energy, non-perturbative regime. Understanding the structure of the nucleon from the underlying theory of QCD, a fundamental and challenging task in nuclear and particle physics, remains an area of active research. With developments in polarized beam, recoil polarimetry, and polarized target technologies, polarization experiments have provided new observables on quantities related to the nucleon structure.

The High-Intensity Gamma Source (HI γ S) at the Duke Free Electron Laser Laboratory (DFELL) opens a new window to studies of fundamental quantities related to the structure of the nucleon through polarized Compton scattering from polarized targets [1]. Such measurements allow access to nucleon spin polarizabilities, which describe the response of a spin-aligned nucleon to a quasistatic external electromagnetic field. Since there are no stable free neutron targets, effective neutron targets, such as deuteron and ³He, are commonly used. A polarized ³He target is an effective polarized neutron target [2,3] due to the fact that the neutron is ~ 90% polarized in a polarized ³He nucleus. There have been extensive studies employing polarized ³He targets to extract the neutron electromagnetic form factors [4–11], and neutron spin structure functions [12–17]. To extract information on neutron using a polarized ³He target, nuclear corrections need to be applied which rely on the state-of-the-art calculations of three-body systems.

The $HI\gamma S$ facility also provides unique opportunities to test the three-body calculations. In 2008, a first measurement of double polarized three-body photodisintegration of ³He was carried out at HI γ S [18] with an incident gamma beam energy of 11.4 MeV. In addition to providing tests of three-body calculations, three-body photodisintegration of ³He is of further importance to experimental tests of the Gerasimov-Drell-Hearn (GDH) sum rule [19,20]. In this experiment, a high-pressure, longitudinally polarized ³He gas target [21] and a circularly polarized photon beam were employed. Seven liquid-scintillator detectors were placed around the ³He target to detect the neutrons from the three-body breakup channel. The ³He gas target cell was made of aluminosilicate (GE180) glass. This type of glass has fewer magnetic impurities and is less permeable to ³He atoms than regular pyrex glass. However, the rich concentration of barium in the GE180 glass produced a large amount of background events in the neutron detectors. To reduce the background

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Fig. 1. (Color online) A schematic of the experimental setup.

for future measurements at HI γ S, a new high-pressure ³He cell made of sol-gel–coated pyrex glass has been developed and tested.

The coating technique was developed by doping solgel with aluminum nitrate nonahydrate $(Al(NO_3)_3 \cdot$ $9H_2O$ [22,23]. This method produces a glass with better homogeneity and higher purity via a chemical route. Single sealed pyrex cells produced using the sol-gel coating technique have yielded longer relaxation times than those from cells without the coating [22]. This is the first time that this technique has been applied to a high-pressure ³He target, a double-cell system for nuclear-physics experiments. The smooth paramagnetic-free aluminosilicate glass-coated surface reduces the probability of ³He depolarization from the wall. Its low ³He permeability helps to prevent the loss of ³He atoms. This allows a long-term operation at temperatures typical of the spin exchange optical pumping process (185 °C for Rb-only cells and 238 °C for Rb-K hybrid cells). The target cell "BOLT" was coated at the University of Virginia and filled at the College of William and Mary. A photon beam test of BOLT at $HI\gamma S$ was carried out in May, 2009. The rest of the paper is organized as follows. Section 2 describes the experimental apparatus and procedure. The target performance and a comparison between theoretical calculations and experimental results are presented in sect. 3. The in-beam test results of this new target are reported in sect. 4.

2 Experimental apparatus and procedure

A schematic of the experimental apparatus is shown in fig. 1. It consists of a pair of Helmholtz coils with a diameter of 173 cm to provide a magnetic holding field with a typical value of 21 G. BOLT is a pyrex glass cell coated with aluminosilicate and contains a mixture of Rb-K. It consists of a spherical pumping chamber with a radius of 4.3 cm and a target chamber with a length and a diameter of 38.7 cm and 3.1 cm, respectively. The chambers are connected by a tube that is 9 cm long with a diameter of 1.3 cm. The cell is installed in the center of the Helmholtz coils with the pumping chamber in an oven.

The ³He polarization is measured using both the NMR-adiabatic fast passage (AFP) method [24] and the electron paramagnetic resonance (EPR) technique [25]. The AFP system includes two $\sim 79 \,\mathrm{cm}$ diameter RF coils with a separation of 39.5 cm placed horizontally above and below the cell and a pair of rectangular pickup coils located on both sides of the target chamber. The pickup coils are perpendicular to both the holding field and the RF field. The EPR system includes a 5.1 cm diameter EPR coil inside the oven close to the pumping chamber and a photo diode to monitor the EPR signal. Details of the polarimetry systems can be found in [21]. The ³He nuclei are polarized through spin exchange optical pumping. Limits of alkali polarization have been observed for the broadband laser light [26] and a spectrally narrowed laser is added to the experimental setup. Three lasers with three separate sets of optics are used to produce circularly polarized laser light. After the optics, the net output power of the two Coherent DUO-FAP broad-band lasers is $\sim 78\,\mathrm{W}$ and the third spectra physics narrowed laser has a net power output of $23 \,\mathrm{W}$.

Before the 3 He nuclei are polarized, the cell is heated to $120 \,^{\circ}\text{C}$ in a separate oven and a tunable laser is used to probe the line shape of the $Rb D_1$ transition. Collisions between Rb and ³He can broaden the resonance lines of rubidium so that the width is proportional to the density of ³He in the cell [27]. By measuring the width of the D_1 line, the density of ³He is determined to be 5.16 ± 0.29 amagats. To polarize the ³He nuclei, the pumping chamber is heated up in the oven by air flowing through three heaters. The pressure inside the cell is ~ 7.66 atm with the pumping chamber at (238 ± 0.5) °C and the target chamber at (60 ± 0.5) °C. The Rb atoms in the pumping chamber are polarized through the optical pumping process and then transfer the angular momentum to the K atoms. The spin exchange collisions between K and ³He and between Rb and ${}^{3}\text{He}$ subsequently polarize the ${}^{3}\text{He}$ nuclei [28]. The time to reach the maximum polarization for such a Rb-K hybrid cell is much faster than a Rb-only cell due to the higher efficiency for polarizing ${}^{3}\text{He}$ by K [29].

The ³He polarization measured by the NMR-AFP method is recorded every three hours during the polarization accumulation period ("pump-up" period). After the polarization has reached a maximum, EPR measurements are carried out to measure the absolute ³He polarization, which can be compared to the value from the NMR signal after water calibration [24]. With the lasers off and the alkali no longer in vapor form, AFP measurements are continued in order to measure the spin-lattice relaxation time, T_1 , in the cell at room temperature.

The systematic error of the relaxation time is dominated by the uncertainty in the determination of the AFP losses, which is derived by fitting *n* consecutive AFP measurements to $A_0(1-L)^n$, where *L* is the AFP inefficiency

Table 1. Pump-up time (T_p) , maximum NMR signal, maximum EPR signal, relaxation time (T_1) from different measurements for the BOLT cell, statistical uncertainties included.

Run no.	T_p (h)	NMR (mV)	EPR (kHz)	T_1 (h)
1	9.34 ± 0.27	17.31 ± 0.20	39.12 ± 0.32	34.40 ± 0.31
2	8.38 ± 0.17	17.71 ± 0.22	38.57 ± 0.27	33.59 ± 0.12
3	8.80 ± 0.21	17.47 ± 0.21	40.95 ± 0.27	33.00 ± 0.04

parameter. The relaxation times are obtained from the exponential decay of the AFP signal strength as a function of time, corrected for the AFP losses. The AFP system uses an RF amplifier to power the RF coils for the spin flip during the measurement, but the RF amplifier is left off during the time intervals between AFP measurements to prevent the polarized ³He atoms from depolarizing due to the wide-band amplified RF noise. The AFP signals during the pump-up period are fitted to $A_0(1 - e^{-t/T_p})$ with the AFP inefficiency taken into account, where T_p is the effective pump-up time for the double-cell system.

3 Results and discussion

The three major contributions to ³He depolarization are the ³He dipole-dipole relaxation mechanism, the magnetic-field gradient effect and the surface effect on the cell wall. The dipole-dipole relaxation time is calculated to be ~ 100 hours for BOLT [30]. The relaxation time due to the magnetic-field gradient in our system is calculated to be over 500 hours [31] from the magnetic-field mapping data. The measured pump-up times, $T_p,\,{\rm maximum}\,\,{\rm NMR}$ and EPR signals, and the double-cell room temperature relaxation times, T_1 , are listed in table 1 together with the statistical uncertainties. Since the measured values for T_1 are much shorter than the relaxation times from the dipole-dipole effect and the gradient effect, the wall effect on the cell's surface is the most significant contribution to the relaxation of polarized ³He. After comparing with the water NMR signal [24], the absolute ³He polarization in the target chamber is determined to be $(60.9 \pm 4.1)\%$. Since the EPR constant [25] for our cell is 1.57 ± 0.09 , the measured EPR frequency shift corresponds to a ³He polarization of $(62.1 \pm 3.6)\%$, which is consistent with the result from the NMR-AFP measurements after the water calibration. The uncertainty is dominated by the uncertainty in the ³He number density of the cell. This polarization is significantly higher than the highest target polarization ($\sim 46\%$ from cell "ELVIS") reported previously by our group from a hybrid cell [21].

In order to calculate the theoretically achievable maximum ³He polarization in BOLT, the alkali metal's polarization is estimated first. The Rb's polarization at any given location z along the laser beam is [32]

$$P_{Rb}(z,P) = \frac{R(z,P)}{R(z,P) + \Gamma'_{Rb}},$$
(1)

where $R(z, P) = \int \phi(z, \nu, P) \sigma_{Rb}(\nu) d\nu$ is the optical pumping rate with a certain laser power P, and Γ'_{Rb} is

the total spin destruction rate. $\phi(z,\nu,P)$ is the number of photons per unit area A per unit time in the frequency interval $d\nu$ ($d\nu = \frac{c}{\lambda^2}\delta\lambda$) along the laser beam direction at a given z and ν . In our case, $A = 48.3 \,\mathrm{cm}^2$ and the FWHM of the broad-band diode laser is $\delta\lambda \sim$ $4\,\mathrm{nm}$. $\sigma_{Rb}(\nu) = \frac{\sigma_{Rb0}}{1+4\Delta^2/\gamma_{Rb}^2}$ [32] is the frequency interval absorption cross-section, assuming a Lorentzian form, where the peak cross-section is $\sigma_{Rb0} = 3.2 \times 10^{-13} \,\mathrm{cm}^2$. $\Delta = \nu - \nu_0$ is the frequency offset from the optical pumping resonant frequency ν_0 ($\lambda_0 = 794.7\,\mathrm{nm}$), and $\gamma_{Rb} = (18.7 \pm 0.3) \,\mathrm{GHz/amagat} \cdot [^3\mathrm{He}]$ [27] is the pressure broadened width of the D₁ transition of Rb. $\phi(z,\nu,P)$ can be found by solving the equation [25,32]

$$\frac{\partial \phi(z,\nu,P)}{\partial z} = -\phi(z,\nu,P)\sigma_{Rb}(\nu)[Rb](1-P_{\infty}P_{Rb}(z,P)).$$
(2)

In order to solve eq. (2) analytically, the z-dependence of $P_{Rb}(z, P)$ needs to be removed. An analytical expression of $\phi(z, \nu, P)$ is derived and presented in appendix A:

$$\phi(z,\nu,P) \cong \frac{P}{Ah\nu_0 \mathrm{d}\nu} e^{-[Rb]\sigma_{Rb}(\nu)(1-P_{\infty}P_{Rb}(P))z}$$
(3)

where [Rb] is the Rb number density and P_{∞} is the mean photon spin of the pumping light which typically is equal to unity. It follows that the pumping rate at any given location along z is given by (see appendix A)

$$R(z,P) \cong \varepsilon \frac{\pi \sigma_{Rb0} \gamma_{Rb} P}{2Ah\nu_0 d\nu} e^{-[Rb]\sigma_{Rb0}(1-P_{\infty}P_{Rb}(P))z/2}$$
$$\cdot I_0 \Big([Rb]\sigma_{Rb0} \Big(1-P_{\infty}P_{Rb}(P)\Big)z/2 \Big), \tag{4}$$

where I_0 is the zeroth-order Bessel function of the first kind and $\varepsilon \sim 0.75$ is an experimental parameter associated with the laser power loss due to the oven window and the cell's glass wall. Equation (4) gives a conservative estimation of the pumping rate and consequently of the P_{Rb} . It also suggests that Rb atoms are polarized to different degrees along the laser direction in the pumping chamber. By substituting eq. (4) into eq. (1) and taking the volume average, the value of $\langle P_{Rb} \rangle$ can be determined numerically in an iterative way by varying the laser power value P with a finitely small step each time. The total spin destruction rate $\Gamma'_{Rb} = \Gamma_{Rb} + D\Gamma_K + q_{KR}[K]$ [32] where $D = [K]/[Rb] \sim 5$ is calculated to be ~ 1.3 kHz with the nitrogen pressure $P_{N_2} = 75 \text{ torr}$ at room temperature. $q_{KR} = 2.2 \times 10^{-13} \text{ cm}^3/\text{s}$ is the geometric mean of the Rb-Rb and K-K spin destruction rates. With the measured laser power of 78 W after all the optics from the two broad-band coherent diode lasers in addition to the 23W narrowed-band laser, which has a FWHM of $\delta \lambda = 0.4 \,\mathrm{nm}$ corresponding to 230 W of broad-band laser in the ideal case, the average Rb polarization is calculated to be $\langle P_{Rb} \rangle \sim 92.0\%$, based on a conservative estimation.

After the Rb polarization is calculated, the polarization of ³He can be estimated by employing eq. (A.43) in [33]. This equation needs to be modified according to eq. (2) in [26] (or eq. (1) in [34]) in order to include the



Fig. 2. (Color online) The theoretical ³He polarization versus the input broad-band laser power for BOLT (this paper) and ELVIS (in [21]). The red circles represent the four data points from fig. 7 in [21] and they are in good agreement with theoretical calculations for ELVIS.

X-parameter which is a phenomenological parameter that reflects additional unknown spin relaxation processes. Assuming the ³He transfer rate between the pumping chamber and the target chamber is much higher than the spin relaxation rate, the ³He polarization in both the pumping and target chambers is given by (see appendix B)

$$P_{^{3}\mathrm{He}} = \langle P_{Rb}(P) \rangle \frac{f_{opc} \cdot \gamma_{se}^{Rb/K}}{f_{opc} \cdot \gamma_{se}^{Rb/K} (1+X) + 1/T_{1}}, \quad (5)$$

where $\gamma_{se}^{Rb/K}$ is the spin exchange rate of Rb and K with ³He and $f_{opc} = 0.38$ is the fraction of ³He atoms in the pumping chamber. Since $T_p = \frac{1}{\Gamma_{3_{\text{He}}}}$ and $\Gamma_{3_{\text{He}}} = f_{opc} \cdot \gamma_{se}^{Rb/K}(1+X) + 1/T_1$ [34], we have

$$\gamma_{se}^{Rb/K} = \frac{P_{^{3}\mathrm{He}}}{f_{opc} \cdot \langle P_{Rb} \rangle \cdot T_{p}}, \qquad (6)$$

$$\frac{1}{T_p} = f_{opc} \cdot \gamma_{se}^{Rb/K} (1+X) + 1/T_1.$$
(7)

Using the experimental value of the pump-up time, the ³He polarization and the relaxation time, the Xparameter can be estimated using the above equations to be $X = 0.10 \pm 0.05$. The theoretical spin exchange rate is given by $\gamma_{se}^{Rb/K} = k_{se}^{Rb}[Rb] + k_{se}^{K}[K] = 7.4 \times 10^{-5}$ Hz [32, 34], where $k_{se}^{Rb} = 6.8 \times 10^{-20} \text{ cm}^3/\text{s}$ [35] and $k_{se}^{K} =$ $5.5 \times 10^{-20} \text{ cm}^3/\text{s}$ [36]. The ³He polarization can then be calculated and plotted versus the input broad-band laser power by inserting eq. (1) into eq. (5) along with the X-parameter and the theoretical spin exchange rate (fig. 2). The ³He polarization in BOLT can reach a value of $P_{^3\text{He}} = (65.7 \pm 2.8)\%$ with an input broad-band laser power of 78 W and a 23 W narrowed-band laser, which satisfactorily agrees with the experimental results. If the exchange time is not neglected, eq. (B.11) in appendix B

can be utilized to give a more precise estimation. From eq. (2) in [37], the relaxation rate $\Gamma = \frac{1}{T_1} = \frac{1}{4}\bar{v} \cdot DP \cdot \frac{S}{V}$, where DP is the depolarization probability of a polarized ³He atom after each collision with the cell surface. Assuming that the walls of the pumping chamber and the target chamber have the same DP, the relaxation rate is proportional to the product of the mean ³He particle speed, surface to volume ratio and the total amount of ³He atoms in each chamber. Γ_p and Γ_t can be calculated using these known parameters and eq. (B.11) then gives a ³He polarization of ~ 63.8% assuming $G_p = G_t = \frac{1}{100 \text{ min}}$, which agrees with the experimental results even better, though two assumptions are used in the above estimation. If one simply assumes that the target chamber exhibits the same relaxation time as that of the pumping chamber, eq. (B.11) gives a ³He polarization of ~ 64.2% using the same assumption for G_p and G_t .

The ³He polarization *versus* the broad-band laser power is also calculated for the ELVIS cell from [21] and plotted in the same figure. Only broad-band lasers were used in [21] and the total laser power went up to 120 W in the calculation. The experimental data (red circles) from fig. 7 in [21] are in reasonably good agreement with the theoretical calculations (black line). The average Rb polarization is calculated to be $\langle P_{Rb} \rangle \sim 79.4\%$ and the $X = 0.21 \pm 0.07$. The calculated ³He polarization in ELVIS reaches a value of $P_{^{3}\text{He}} = (52.9 \pm 3.3)\%$ with an input broad-band laser power of 120 W and a laser power loss factor $\varepsilon \sim 0.75$. We believe the better performance of BOLT over ELVIS is mostly due to the following two factors: a spectrally narrowed laser used together with the broad-band lasers, and a significantly lower ³He number density of the BOLT cell in comparison with that of the ELVIS cell.

4 Beam test

An in-beam test of BOLT was carried out at HI γ S in May, 2009. Three liquid-organic-scintillator detectors [38] filled with BC-501A fluid from the Bicron Corporation were placed at 50°, 90°, 130° and 90 cm, 75 cm, 90 cm away from the center of the target, respectively. A vertical multi-layer motor-controlled support was used to place different targets in the gamma beam. The targets included N₂ gas targets in both pyrex and GE180 glass cells, BOLT, and a GE180 glass cell "Linda". A thin aluminum plate, liquid-D₂O target and D₂ gas targets were available for detector calibration purposes. All N₂ and ³He target cells have the same dimensions.

The energy of the photon beam was 11.4 MeV and the photon flux was $\sim 1.5 \times 10^7$ /s monitored by a three-paddle system [39] right after the photon beam's collimator and a 4.7 cm thick liquid-D₂O target placed downstream of the ³He target with two neutron detectors at 90° on both sides. Compared to the position in the experiment [18], the ³He target was pushed ~ 2 meters downstream due to another experimental apparatus in the beamline.

Figure 3 shows the results of the in-beam test. The points represent the neutron events' ratios between two



Fig. 3. (Color online) Results of the in-beam test. Black circles represent the ratios between the events from the pyrex glass N_2 cell and the GE180 glass N_2 cell at three detectors together with the statistical uncertainties. The red squares represent the ratios between the events from BOLT and Linda at three detectors together with the statistical uncertainties.

Table 2. Results of the in-beam test. The ratios between the number of events from N_2 and ³He cells made from pyrex and GE180 glass are listed.

Detector	Ratio between N_2 cells	Ratio between ³ He cells
50°	$85.3\pm6.0\%$	$93.5\pm5.7\%$
90°	$67.6\pm5.9\%$	$75.2\pm5.0\%$
130°	$65.5\pm6.7\%$	$70.3\pm6.0\%$

 N_2 cells made of pyrex glass and GE180 glass and two ³He cells made of pyrex (BOLT) and GE180 (Linda) glass. All the neutron events were selected from the raw data after the multiplicity cut, pulse shape discrimination cut, pulse height cut and time of flight cut [39] and had energies ranging from 1 MeV to 2.5 MeV. The numbers are also shown in table 2.

Since the ³He target was placed farther downstream in this experiment, the liquid-D₂O target and the longer air path generated considerably more background neutrons. In the 50° detectors, the yield difference is smaller since they are closer to the liquid-D₂O target and the background contamination dilutes the difference. The improvement using BOLT for future experiments compared with Linda should be better than the results presented in fig. 3 for an optimal target position, where the background neutron events can be minimized. Furthermore, plans have been made to employ more stable, higher flux (at least $5 \times 10^7/s$) photon beams, better shielding from the downstream D₂O target and a vacuum pipe between the beam source and the target. All these measures will help reduce the neutron background further for better statistics.

5 Summary

We have tested the world's first high-pressure hybrid ³He pyrex glass cell coated with a thin aluminosilicate glass

and have achieved a polarization of ~ 62% determined by both NMR-AFP and EPR methods. This value compares favorably with the predicted maximum theoretical ³He polarization value. The X-parameter is measured for the first time in a hybrid double-cell system to be ~ 0.10. The inbeam test shows that the sol-gel–coated pyrex glass target generates fewer neutron background events than the GE180 glass cell. This new type of target will be important for the future Compton scattering and GDH experiments at HI γ S.

The authors wish to thank Michael Souza of Princeton University for making the target cell reported in this work, Alexandre Deur for providing us with chemical information for the GE180 glass, K. Kluttz for helpful comments about this work, Yi Qiang and Yi Zhang for their help with the target density measurement, N. Brown, M. Emamian, S. Henshaw, B. Perdue and H. Weller for helping with the target alignment, M. Pentico, V. Rathbone, C. Sun and Y. Wu for the gamma beam operation, B. Carlin and C. Westerfeld for the technical support. This work is supported by the U.S. Department of Energy under contract number DE-FG02-03ER41231 and Duke University.

Appendix A.

The calculation of $\phi(z, \nu, P)$ (eq. (3)) assumes that the spectrum of the laser has a Gaussian form and the power P is concentrated in the FWHM $\delta\lambda$. This is an approximation because a small part of the laser power lies in the tails of the Gaussian.

In order to find the optical pumping rate R(z, P) (eq. (4)), the following steps can be followed. We have

$$R(z,P) = \int_0^\infty \phi(z,\nu,P)\sigma_{Rb}(\nu)d\nu$$
$$= \frac{P}{Ah\nu_0 d\nu} \int_0^\infty e^{-\xi\sigma_{Rb}(\nu)}\sigma_{Rb}(\nu)d\nu, \qquad (A.1)$$

where $\xi = [Rb](1 - P_{\infty}P_{Rb}(P))z$. If the substitution $x = \frac{2\Delta}{\gamma_{Rb}}$ is made, the equation becomes

$$R(z,P) = \frac{\sigma_{Rb0}\gamma_{Rb}P}{2Ah\nu_0 d\nu} \int_{-\frac{2\nu_0}{\gamma_{Rb}}}^{\infty} e^{-\frac{\xi}{1+x^2}} \frac{1}{1+x^2} dx.$$
(A.2)

This integral is approximately equal to

$$R(z,P) \cong \frac{\sigma_{Rb0}\gamma_{Rb}P}{2Ah\nu_0 d\nu} \int_{-\infty}^{\infty} e^{-\frac{\xi}{1+x^2}} \frac{1}{1+x^2} dx \qquad (A.3)$$

for any numerical value of ξ . Since the integration function is symmetric w.r.t. 0, eq. (A.3) equals

$$R(z,P) \cong \frac{\sigma_{Rb0}\gamma_{Rb}P}{Ah\nu_0 d\nu} \int_0^\infty e^{-\frac{\xi}{1+x^2}} \frac{1}{1+x^2} dx.$$
(A.4)

After a change of variable $y = \frac{1}{1+x^2}$ is made

$$R(z,P) \cong \frac{\sigma_{Rb0}\gamma_{Rb}P}{2Ah\nu_0 d\nu} \int_0^1 \frac{1}{\sqrt{(1-y)y}} e^{-\xi y} dy.$$
(A.5)

Solving it gives eq. (4).

$$P_{p}(t) = \frac{(G_{t} + \Gamma_{l})(P_{Rb})f_{opc}\gamma_{se}^{Rb/K}}{(G_{p} + f_{opc}\gamma_{se}^{Rb/K}(1+X) + \Gamma_{p})(G_{t} + \Gamma_{t}) - G_{p}G_{t}} + \frac{\langle P_{Rb}\ranglef_{opc}\gamma_{se}^{Rb/K}(1+X) + \Gamma_{p} - G_{t} - \Gamma_{l}\rangle^{2} + 4G_{p}G_{t}}{\sqrt{(G_{p} + f_{opc}\gamma_{se}^{Rb/K}(1+X) + \Gamma_{p} - G_{t} - \Gamma_{l})^{2} + 4G_{p}G_{t}}} \\ \cdot \left[- \frac{G_{p} + f_{opc}\gamma_{se}^{Rb/K}(1+X) + \Gamma_{p} - G_{t} - \Gamma_{t} + \sqrt{(G_{p} + f_{opc}\gamma_{se}^{Rb/K}(1+X) + \Gamma_{p} - G_{t} - \Gamma_{l})^{2} + 4G_{p}G_{t}}}{G_{p} + f_{opc}\gamma_{se}^{Rb/K}(1+X) + \Gamma_{p} + G_{t} + \Gamma_{t} + \sqrt{(G_{p} + f_{opc}\gamma_{se}^{Rb/K}(1+X) + \Gamma_{p} - G_{t} - \Gamma_{l})^{2} + 4G_{p}G_{t}}}{G_{p} + f_{opc}\gamma_{se}^{Rb/K}(1+X) + \Gamma_{p} + G_{t} + \Gamma_{t} + \sqrt{(G_{p} + f_{opc}\gamma_{se}^{Rb/K}(1+X) + \Gamma_{p} - G_{t} - \Gamma_{l})^{2} + 4G_{p}G_{t}}}{G_{p} + f_{opc}\gamma_{se}^{Rb/K}(1+X) + \Gamma_{p} - G_{t} - \Gamma_{t} - \sqrt{(G_{p} + f_{opc}\gamma_{se}^{Rb/K}(1+X) + \Gamma_{p} - G_{t} - \Gamma_{l})^{2} + 4G_{p}G_{t}}}{G_{p} + f_{opc}\gamma_{se}^{Rb/K}(1+X) + \Gamma_{p} + G_{t} + \Gamma_{t} - \sqrt{(G_{p} + f_{opc}\gamma_{se}^{Rb/K}(1+X) + \Gamma_{p} - G_{t} - \Gamma_{l})^{2} + 4G_{p}G_{t}}}{G_{p} + f_{opc}\gamma_{se}^{Rb/K}(1+X) + \Gamma_{p} + G_{t} + \Gamma_{t} - \sqrt{(G_{p} + f_{opc}\gamma_{se}^{Rb/K}(1+X) + \Gamma_{p} - G_{t} - \Gamma_{l})^{2} + 4G_{p}G_{t}}}}{G_{p} + f_{opc}\gamma_{se}^{Rb/K}(1+X) + \Gamma_{p} + G_{t} + \Gamma_{t} - \sqrt{(G_{p} + f_{opc}\gamma_{se}^{Rb/K}(1+X) + \Gamma_{p} - G_{t} - \Gamma_{l})^{2} + 4G_{p}G_{t}}}} \right],$$
(B.8)

$$P_{t}(t) = \frac{G_{t}\langle P_{Rb}\rangle f_{opc}\gamma_{se}^{Rb/K}(1+X) + \Gamma_{p} + G_{t} + \Gamma_{t} - \sqrt{(G_{p} + f_{opc}\gamma_{se}^{Rb/K}(1+X) + \Gamma_{p} - G_{t} - \Gamma_{l})^{2} + 4G_{p}G_{t}}}}{(G_{p} + f_{opc}\gamma_{se}^{Rb/K}(1+X) + \Gamma_{p} + G_{t} + \Gamma_{t} + \sqrt{(G_{p} + f_{opc}\gamma_{se}^{Rb/K}(1+X) + \Gamma_{p} - G_{t} - \Gamma_{l})^{2} + 4G_{p}G_{t}}}} - \frac{1}{G_{p} + f_{opc}\gamma_{se}^{Rb/K}(1+X) + \Gamma_{p} + G_{t} + \Gamma_{t} - \sqrt{(G_{p} + f_{opc}\gamma_{se}^{Rb/K}(1+X) + \Gamma_{p} - G_{t} - \Gamma_{l})^{2} + 4G_{p}G_{t}}}} - \frac{1}{G_{p} + f_{opc}\gamma_{se}^{Rb/K}(1+X) + \Gamma_{p} + G_{t} + \Gamma_{t} - \sqrt{(G_{p} + f_{opc}\gamma_{se}^{Rb/K}(1+X) + \Gamma_{p} - G_{t} - \Gamma_{l})^{2} + 4G_{p}G_{t}}}} - \frac{1}{G_{p} + f_{opc}\gamma_{se}^{Rb/K}(1+X) + \Gamma_{p} + G_{t} + \Gamma_{t} - \sqrt{(G_{p} + f_{opc}\gamma_{se}^{Rb/K}(1+X) + \Gamma_{p} - G_{t} -$$

Appendix B.

The rate equations for a double-cell system are given by (rate equations in [33] with the X-parameter included)

$$\frac{\mathrm{d}P_p}{\mathrm{d}t} = -G_p(P_p - P_t) - \left((1+X)f_{opc}\gamma_{se}^{Rb/K} + \Gamma_p\right)P_p + \langle P_{Rb}\rangle f_{opc}\gamma_{se}^{Rb/K},\tag{B.1}$$

$$\frac{\mathrm{d}P_t}{\mathrm{d}t} = G_t(P_p - P_t) - \Gamma_t P_t,\tag{B.2}$$

$$P_p(0) = P_t(0) = 0;$$
 $P'_p(\infty) = P'_t(\infty) = 0.$ (B.3)

The assumptions are that the alkali metals are confined in the pumping chamber only and the sources of ${}^{3}\text{He}$ polarization in the pumping chamber are the spin exchange between alkali metals and ³He and the diffusion of polarized ³He atoms from the target cell. Relaxation in the pumping (target) chamber is due to the combined relaxation mechanisms (dipole-dipole effect, magnetic-field-gradient effect and wall effect) and ³He diffusion to the target (pumping) chamber. The G_p is the polarized ³He transfer rate from the pumping cell to the target cell and G_t is the transfer rate in the other direction (appendix in [33]). They are

defined as

$$G_p = \frac{D_p S}{L V_p}, \qquad (B.4)$$

$$G_t = \frac{D_t S}{LV_t} \,, \tag{B.5}$$

where S, L are the cross-sectional area and length of the connecting tube between the pumping chamber and target chamber. $D_{p(t)}$ and $V_{p(t)}$ are the ³He diffusion coefficient and volume of each chamber, respectively. The diffusion coefficient is given by $\frac{\overline{v}\lambda}{3}$ where \overline{v} is the ³He mean thermal velocity and λ is the mean free path. The total theoretical transfer rate is equal to $G = G_p + G_t$.

The relaxation rates are defined as (eq. (6) in [33])

$$\Gamma_p = \Gamma'_p \frac{n_p V_p}{n_p V_p + n_t V_t}, \qquad (B.6)$$

$$\Gamma_t = \Gamma'_t \frac{n_t V_t}{n_p V_p + n_t V_t} \,, \tag{B.7}$$

where Γ'_p and Γ'_t are the averaged relaxation rates in the pumping and target chambers. Theoretically, the spin exchange rate is given by $\gamma^{Rb/K}_{se} = k^{Rb}_{se}[Rb] + k^{K}_{se}[K]$ [34]. The general time-dependent solution of this coupled

equations system is given by

see eqs. (B.8) and (B.9) on top of the page

Using the condition $P'_p(\infty) = P'_t(\infty) = 0$, the equilibrium ³He polarization in each chamber is

$$P_p(t \to \infty) = \frac{(G_t + \Gamma_t) \langle P_{Rb} \rangle f_{opc} \gamma_{se}^{Rb/K}}{(G_p + f_{opc} \gamma_{se}^{Rb/K} (1 + X) + \Gamma_p) (G_t + \Gamma_t) - G_p G_t}, \quad (B.10)$$

$$\begin{aligned} P_t(t \to \infty) &= \\ \frac{G_t \langle P_{Rb} \rangle f_{opc} \gamma_{se}^{Rb/K}}{(G_p + f_{opc} \gamma_{se}^{Rb/K} (1+X) + \Gamma_p) (G_t + \Gamma_t) - G_p G_t} \,. \end{aligned} \tag{B.11}$$

The transfer rate is also measured experimentally by destroying the polarization in the target chamber using a rectangular RF coil, and measuring the recovery of the NMR free induction decay signal as polarized ³He atoms diffuse into the target chamber from the pumping chamber. The rate is measured to be $\sim \frac{1}{50 \text{ min}}$, which is much higher than the spin relaxation rate $\sim \frac{1}{33 \text{ h}}$. So it is assumed that $G_t + \Gamma_t \simeq G_t$. And we have

$$P_p(t \to \infty) = P_t(t \to \infty) =$$

$$\frac{G_t \langle P_{Rb} \rangle f_{opc} \gamma_{se}^{Rb/K}}{(G_p + f_{opc} \gamma_{se}^{Rb/K} (1+X) + \Gamma_p) (G_t + \Gamma_t) - G_p G_t} . \quad (B.12)$$

Assuming that $G_p \simeq G_t$, the equation becomes

$$P_{^{3}\text{He}} = \langle P_{Rb} \rangle \frac{f_{opc} \gamma_{se}^{Rb/K}}{f_{opc} \gamma_{se}^{Rb/K} (1+X) + 1/T_{1}}, \qquad (B.13)$$

where $\Gamma = \frac{1}{T_1} = \Gamma_p + \Gamma_t$ is the total relaxation rate.

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